

## PORTMAN COMMUNITY RECREATION CENTER

DULUTH PARKS

Gun Places, Great Spaces!

**February** 

2016

4601 MCCULLOCH ST, DULUTH MN 55804

Theresa Mellinger - City of Duluth Senior Center Coord. AEOA

(218) 390-9429 (218) 727-4321

MONDAY	TUESDAY	1		THURSDAY	FRIDAY		SATURDAY
Meatball Dinner& Fruit 1	Egg Salad Sand & Cheesy California Soup & Fresh Fruit			Ham Dinner Or ALT & 4 Chocolate Almond Coconut Cake	Chili & Fresh Fruit	5	6
1					9.20 LICara Evaraina		
			9:30 Men's Conee meeting				
12:30 Bridge					12.00 Billigo		
Chinese Dinner- see below 8	Roast Turkey Dinner & Fruit	9	Fish Dinner Or ALT, Fresh Fruit 10	Boiled Dinner Or ALT 11 Bread Pudding	Special Of the Day	12	13
8:30 UCare Exercise					8:30 UCare Exercise		
11:00 Chinese New Year Party 12:00 Bridge		!	9:30 Men's Coffee meeting		12:30 Bingo		
Meatloaf Dinner & Fruit 15	Pork Chop Dinner & Fresh Fruit	16	Goulash & Fruit 17	BBQ Chicken Breast 18 Pound Cake	Cheese Burger & Fresh Fruit	19	20
HOLIDAY- CITY OFFICES	'				8:30 UCare Exercise		9-5
CLOSED 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge		9	9:30 Men's Coffee meeting				AARP DDEFENSIVE
							DRIVING - 1st Time Class - 218-730-4319
							to register
Special Of the Day  8:30 UCare Exercise 12:00 Bingo 12:00 Bridge	Harvest Stew & Fruit	23 I	Pork Chow Mein & Fresh Fruit 24	Roast Turkey Dinner & Cake 25	French Toast & Sausage Fruit	26	27
		,	9:30 Men's Coffee meeting	call 218-730-4319 to register	12:00 Bingo		
28 Chicken Salad Sandwich & 29 Split Pea Soup & Fruit		1	2	3		4	5
8:30 UCare Exercise 12:00 Bingo							
	Meatball Dinner& Fruit  8:30 UCare Exercise 12:00 Sr. Mtg 12:30 Bingo 12:30 Bridge  Chinese Dinner- see below  8:30 UCare Exercise 11:00 Chinese New Year Party 12:00 Bridge  Meatloaf Dinner & Fruit  15  HOLIDAY- CITY OFFICES CLOSED 8:30 UCare Exercise 12:00 Bingo 12:00 Bridge  Special Of the Day  22  8:30 UCare Exercise 12:00 Bridge  Chicken Salad Sandwich & Split Pea Soup & Fruit  8:30 UCare Exercise	Seg Salad Sand & Cheesy California Soup & Fresh Fruit	Signature   Section   Se	Meatball Dinner& Fruit   1   Egg Salad Sand & Cheesy California Soup & Fresh Fruit   3	Meatball Dinner& Fruit   1   Egg Salad Sand & Cheesy California Soup & Fresh Fruit   2   Chicken Lasagna & Fruit   3   Chocolate Almond Coconut   4   Chocolate Almond Coconut   4   Chocolate Almond Coconut   5   Cake   8:30 UCare Exercise   9:30 Men's Coffee meeting   9:30 Men's Coffee meeting   12:30 Bingo   12:30 Bingo	Meatball Dinner & Fruit   1   Egg Salad Sand & Cheesy California Soup & Fresh Fruit   2   Chicken Lassagna & Fruit   3   Chocolate Almond Coconut   4   Chilli & Fresh Fruit   2:00 Sr. Mtg   12:30 Bingo   13:30 UCare Exercise   12:30 Bingo   14:30 UCare Exercise   12:30 Bingo   14:30 UCare Exercise   12:30 Bingo   12:30 B	Meatball Dinner & Fruit   1   Egg Salad Sand & Cheesy California Soup & Fresh Fruit   2   Chicken Lasagna & Fruit Cake   3   Chocolate Almond Coconut Cake   3:30 UCare Exercise   9:30 Men's Coffee meeting   3:30 UCare Exercise   12:00 Bingo   12:30 Bin